

# Speed Throwing

## **The Goal**

- 1.1 Throw and stick as much knives as possible in a target of 50cm in diameter, within 20 seconds.
- 1.2 This is a combined event for women and men.

## **The Knives**

- 2.1 The organiser will provide three sets of 30 knives each. Two sets will be handed out for training, one is reserved for the competition.
- 2.2 Throwers who want to use their own knives can do so, as long as their knives fit the following restrictions:  
Total length: between 23 and 35cm.  
Blade diameter: between 30 and 60mm. Weight: minimum **200g**.

## **Schedule**

- 3.1 The minimum distance for the throw is 3m.
- 3.2 The thrower places the knives on a table. The table may be moved for the convenience of the thrower.
- 3.3 The thrower has three test throws to find the distance.
- 3.4 Before and during the the 20s, the thrower may hold as many knives as he wishes in his non-throwing hand.
- 3.5 The knives must be thrown one by one.
- 3.6 The arbiter will give the signals for the start [ Ready ? Go ! ] and the end [ Stop ! ] of the throwing. The arbiter will measure the time himself. A thrower who starts before the start signal, or consciously throws after the end signal will be disqualified.

## **Counting**

- 4.1 Each knife sticking is worth 1 point.
- 4.2 The 5 best throwers get access to the final.
- 4.3 In the final, the points are counted in the same fashion. The finalists will be ranked before all other participants, with their total score (qualification plus final).
- 4.4 In case of ties, during the final or in the selection for the final, there will be additional throws. An additional throw has a duration of 10 seconds and can be run again as often as required to break the tie. The ties of throwers not in the final will not be resolved.